

BRIDGEWATER VETERINARY HOSPITAL

OBESITY RECOMMENDATIONS

Your pet has a weight problem! This may be very detrimental to its health and is responsible for many chronic medical problems.

Problems Associated with Obesity Include:

1. Arthritis, "slipped disc," and torn or strained ligaments
2. Respiratory problems associated with endurance and exercise
3. Heart problems from overwork
4. Liver disease
5. Dystocia — difficulty in giving birth
6. Diabetes
7. Heat Stroke — due to a decreased ability to control heat
8. Skin problems
9. Excessive gas and/or constipation
10. Lowered resistance to disease
11. Anal gland impaction and infection
12. Increased risk for anesthesia and surgery

OBESITY REDUCES YOUR PET'S LIFE SPAN!!! (And also its enjoyment of life!)

Causes of Obesity:

1. **OVEREATING!!** (90% of all cases)
2. Lack of exercise
3. Lowered metabolism
4. Emotional trauma
5. Hormonal imbalances

Obesity Treatment:

We are interested in all phases of disease prevention, and will work closely with you to reduce your pet's weight.

Success Depends On Total Cooperation!!

- Decrease food intake _____%.
- Spread the total daily ration throughout the day. Several SMALL feedings are recommended instead of one or two larger meals.
- Snacks MUST NOT BE GIVEN! One daily PET TAB VITAMIN is ALL that is permissible. Your pet does NOT really care about the snack, but rather the attention it gets.
- Keep your pet OUT of the kitchen/dining area at meal times.
- Feed ONLY Prescription Diet _____. We have had NO success feeding other commercially prepared low-calorie diets.
- Expect your pet to LOSE _____ pounds EACH week maximum.
- Return for weight checks every 3-4 weeks.

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